

Ready for School. Set for Life.

Partnering with parents and families to help all children stay healthy and succeed in school.



Parent Guide to First Things First Funded Programs

Contact

Are you a parent or caregiver looking for resources and support?

Provides classes on parenting, child development and problem-solving skills.

Northland Pioneer College
Early Childhood Department
928-524-7335

Do you have parenting questions or need advice?

Helps families with young children get free answers to their toughest parenting questions.

Birth to Five Helpline
1-877-705-KIDS (5437)

Do you want information about your child's physical or oral health?

Nutrition/Obesity/Physical Activity

Improves the health and safety of young children by providing community-based health education on a variety of topics including: healthy food choices and appropriate physical activity.

U of A Cooperative Extension
Apache County Contact: 928-337-2267
Navajo County Contact: 928-524-6271

Oral Health

Decreases preventable oral health problems in young children.

Navajo County Public Health Services
928-524-4750

Healthy Steps Developmental & Health Screening

Increases children's access to preventive health care and helps to identify potential learning problems early on.

North Country HealthCare
928-537-4301
Summit Regional Medical Center
928-367-6550

Want to see how reading and play can help your child learn?

Helps parents support their young child's love of words and books.

Expanded Early Literacy Programs
Navajo County Libraries
928-524-4798

First Things First Navajo/Apache Regional Partnership Council

For more information contact:

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Michelle Pansulla, Community Outreach Coordinator mpansulla@azftf.gov
Office number: 928-532-5041

85901, 85902, 85912, 85920, 85923, 85924, 85925, 85927, 85928, 85929, 85931, 85932, 85933, 85934, 85935, 85936, 85937, 85938, 85939, 85940, 85942, 86025, 83028, 83029, 86032 (Navajo/Apache Region Zip Codes)

